

Pursuing Wellness

is essential for any lifestyle, but especially so when life demands a lot of you—mentally, emotionally and physically.

Oregon Corrections Enterprises knows that correctional employees face everyday stresses that can have a significant impact on their overall well-being, which is why we are pleased to offer the following products to help promote Wellness awareness and the importance of a healthy, safe, and supportive workplace.

THE EIGHT DIMENSIONS OF WELLNESS

INTELLECTUAL

Recognizing creative abilities and finding ways to expand knowledge and skills

SPIRITUAL

Expanding our sense of purpose and meaning in life

PHYSICAL

Recognizing the need for physical activity, diet, sleep and nutrition

SOCIAL

Developing a sense of connection, belonging, and a well-developed support system

OCCUPATIONAL

Personal satisfaction and enrichment derived from one's work

FINANCIAL

Satisfaction with current and future financial situations

ENVIRONMENTAL

Good health by occupying pleasant, stimulating environments that support well-being

EMOTIONAL

Coping effectively with life and creating satisfying relationships



wellness
INSIDE + OUT



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8 DIMENSIONS OF WELLNESS INFORMATIONAL POSTER

Educate your employees about the eight essential elements that comprise total Wellness.

High Gloss poster-quality paper
11" x 17"
\$3.00

WELLNESS INSIDE+OUT EMBROIDERED POLO SHIRT WITH MOISTURE-WICKING TECHNOLOGY

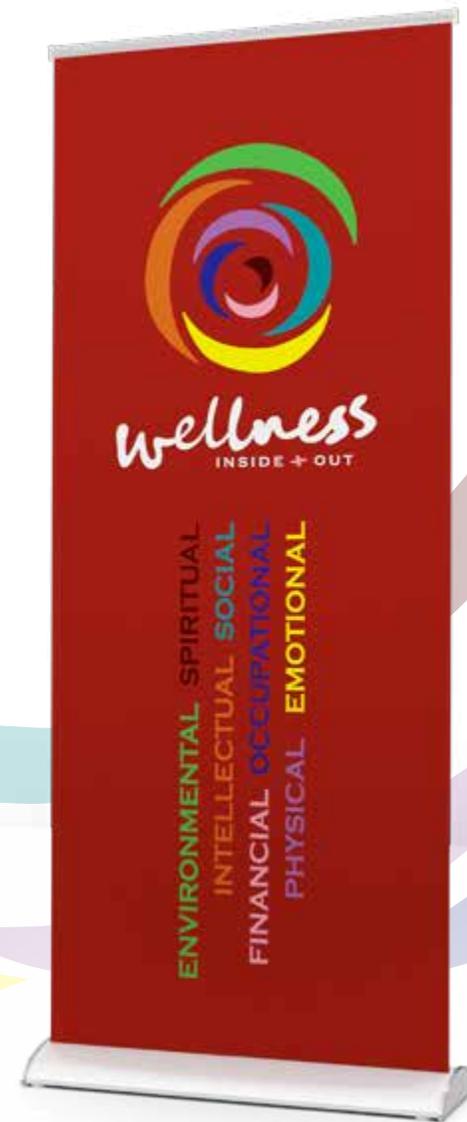
Available in men's and women's styles and sizes.

\$36.00
Nike Dri-fit™ athletic cut polo

\$18.00
Corner Stone Lightweight Snag-Proof polo



Want to find out more about OCE's line of Wellness products? Visit oce.oregon.gov/content/wellness.asp or scan the code at left.



WELLNESS INSIDE+OUT VERTICAL RETRACTABLE BANNER

Showcase your organization's focus on total wellness with this attractive yet portable banner.

Professional quality. Stable and durable with color-enhancing, light-blocking material. Comes with easy-installation pole, sleek and stable base, and carrying case.

33.5" x 84"
\$337.50